

Week 1

Day	Lunch	Tea
Monday	Tomato pasta and garlic bread	Veg sticks, mixed sandwiches/wraps
	Fruit Cocktail	Yoghurt
Tuesday	Shepherd's pie and broccoli ~~ Yoghurt	Sausage rolls, mixed sandwiches/wraps Biscuits
Wednesday	Cheese and potato pie and beans Fruit Cocktail	Quiche, mixed sandwiches/wraps ~~ Yoghurt
Thursday	Chicken curry and rice ~~ Yoghurt	Veg sticks and dips, mixed sandwiches/wraps Crisps
Friday	Fish fingers, new potatoes, sweetcorn ~~ Yoghurt	Pizza, mixed sandwiches/wraps Biscuits

Breakfast	Lunch	Tea
Milk or water	Water	Milk or water



Week 2

Day	Lunch	Tea
Monday	Corned beef hash and beans	Veg sticks, mixed sandwiches/wraps
	Fruit Cocktail	Yoghurt
Tuesday	Tuna and peas pasta bake ~~ Yoghurt	Sausage rolls, mixed sandwiches/wraps ~~ Biscuits
Wednesday	Lasagne and vegetables with garlic bread Fruit Cocktail	Quiche, mixed sandwiches/wraps ~~ Yoghurt
Thursday	Sausage, mash, peas and gravy ~~ Yoghurt	Veg sticks and dips, mixed sandwiches/wraps ~~ Crisps
Friday	Chicken supreme and rice ~~ Yoghurt	Pizza, mixed sandwiches/wraps ~~ Biscuits

Breakfast	Lunch	Tea
Milk or water	Water	Water



Week 3

Day	Lunch	Tea
Monday	Shepherds Pie	Veg sticks, mixed sandwiches/wraps
	Fruit Cocktail	Yoghurt
Tuesday	Chicken, new potatoes, vegetables and gravy ~~ Yoghurt	Sausage rolls, mixed sandwiches/wraps Biscuits
Wednesday	Tomato pasta with garlic bread ~~ Fruit Cocktail	Quiche, mixed sandwiches/wraps ~~ Yoghurt
Thursday	Fish cakes, mash potatoes and peas ~~ Yoghurt	Veg sticks and dips, mixed sandwiches/wraps ~~ Crisps
Friday	Chilli con carne and rice ~~ Yoghurt	Pizza, mixed sandwiches/wraps ~~ Biscuits

Breakfast	Lunch	Tea
Milk or water	Water	Milk or water



Week 4

Day	Lunch	Tea
Monday	Cheese and potato pie and baked beans Fruit Cocktail	Veg sticks, mixed sandwiches/wraps ~~ Yoghurt
Tuesday	Sweet and sour chicken and rice ~~ Yoghurt	Sausage rolls, mixed sandwiches/wraps ~~ Biscuits
Wednesday	Macaroni cheese ~~ Fruit Cocktail	Quiche, mixed sandwiches/wraps ~~ Yoghurt
Thursday	Vegetable Lasange and garlic bread ~~ Yoghurt	Veg sticks and dips, mixed sandwiches/wraps ~~ Crisps
Friday	Sausage casserole and vegetables ~~ Yoghurt	Pizza, mixed sandwiches/wraps ~~ Biscuits

Breakfast	Lunch	Tea
Milk or water	Water	Water