



## Daily Routine Little Buds

8.45am	Breakfast
9.15am	Outdoor/Freeplay
10.00am	Free play/Adult focused activities
11.00am	Nappies
11.15am	Freeplay
11.45am	Songs/Story time
12.00pm	Lunch
12.30pm	Sleep Time/Rest
1.30pm	Outside/Freeplay
2.00pm	Nappies
2.15pm	Freeplay/Adult focused activities
3.00pm	Songs/Story time
3.45pm	Quiet activities