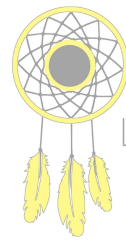


Little Dreamers
Nursery

Summer Menu 2023

Week 1

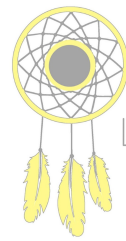
| Day | Breakfast | Lunch | Tea |
|-----------|--|--|---|
| Monday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Tomato pasta bake, garlic bread and sweetcorn ~~~ Vanilla ice cream and wafer ~~~ Water | Beans and toast ~~~ Fruit ~~~ Milk or water |
| Tuesday | Crumpets ~~~ Fruit ~~~ Milk or water | Vegetable sticks Chilli con carne and rice ~~~ Yoghurt ~~~ Water | Fruit loaf with butter ~~~ Fruit ~~~ Milk or water |
| Wednesday | Cereals ~~~ Fruit ~~~ Milk or water | Vegetable sticks Chicken curry, rice, peas and naan bread ~~~ Yoghurt ~~~ Water | Toasted teacakes and butter ~~~ Fruit ~~~ Milk or water |
| Thursday | Croissants ~~~ Fruit ~~~ Milk or water | Vegetable sticks Fish fingers, boiled potatoes and mushy peas ~~~ Yoghurt ~~~ Water | Mixed sandwiches (Ham, cheese and paste) ~~~ Fruit ~~~ Milk or water |
| Friday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Macaroni cheese with ham and peas ~~~ Yoghurt ~~~ Water | Hot dogs and rolls ~~~ Fruit ~~~ Milk or water |



Little Dreamers
Nursery

Week 2

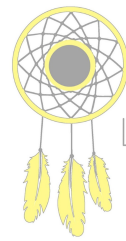
| Day | Breakfast | Lunch | Tea |
|-----------|--|---|--|
| Monday | Crumpets ~~~ Fruit ~~~ Milk or water | Vegetable sticks Carbonara and garlic bread ~~~ Yoghurt ~~~ Water | Margarita pizza ~~~ Fruit ~~~ Milk or water |
| Tuesday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Chicken and tomato pasta bake with garlic bread ~~~ Jelly and squirty cream ~~~ Water | Spaghetti and toast ~~~ Fruit ~~~ Milk or water |
| Wednesday | Croissants ~~~ Fruit ~~~ Milk or water | Vegetable sticks Sausage, mashed potatoes and peas ~~~ Yoghurt ~~~ Water | Fruit loaf with butter ~~~ Fruit ~~~ Milk or water |
| Thursday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Lasagna and mixed vegetables ~~~ Yoghurt ~~~ Water | Sausage and cheese rolls with crisps ~~~ Fruit ~~~ Milk or water |
| Friday | Cereals ~~~ Fruit ~~~ Milk or water | Vegetable sticks Sweet and sour chicken, rice and prawn crackers ~~~ Yoghurt ~~~ Water | Mixed wraps (Ham, chicken, cheese and paste) ~~~ Fruit ~~~ Milk or water |



Little Dreamers
Nursery

Week 3

| Day | Breakfast | Lunch | Tea |
|-----------|---|--|--|
| Monday | Croissant ~~~ Fruit ~~~ Milk or water | Vegetable sticks Sausage, mini waffles and beans ~~~ Yoghurt ~~~ Water | Hot dogs and rolls ~~~ Fruit ~~~ Milk or water |
| Tuesday | Cereals ~~~ Fruit ~~~ Milk or water | Vegetable sticks Pasta bolognese and garlic bread ~~~ Yoghurt ~~~ Water | Sausage and cheese rolls with crisps ~~~ Fruit ~~~ Milk or water |
| Wednesday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Tuna pasta bake and peas ~~~ Angel delight and sprinkles ~~~ Water | Beans and toast ~~~ Fruit ~~~ Milk or water |
| Thursday | Crumpets ~~~ Fruit ~~~ Milk or water | Vegetable sticks Macaroni cheese with ham ~~~ Yoghurt ~~~ Water | Mixed sandwiches (Ham, cheese and paste) ~~~ Fruit ~~~ Milk or water |
| Friday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Chicken curry, rice, peas and naan bread ~~~ Yoghurt ~~~ Water | Toasted teacakes and butter ~~~ Fruit ~~~ Milk or water |



Little Dreamers
Nursery

Week 4

| Day | Breakfast | Lunch | Tea |
|-----------|--|--|---|
| Monday | Cereals ~~~ Fruit ~~~ Milk or water | Vegetable sticks Carbonara and garlic bread ~~~ Yoghurt ~~~ Water | Fruit loaf and butter ~~~ Fruit ~~~ Milk or water |
| Tuesday | Croissants ~~~ Fruit ~~~ Milk or water | Vegetable sticks Sweet and sour chicken, rice and prawn crackers ~~~ Yoghurt ~~~ Water | Mixed wraps (Ham, cheese, chicken and paste) ~~~ Fruit ~~~ Milk or water |
| Wednesday | Crumpets ~~~ Fruit ~~~ Milk or water | Vegetable sticks Chilli con carne and rice ~~~ Yoghurt ~~~ Water | Pancakes with jam and butter ~~~ Fruit ~~~ Milk or water |
| Thursday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Fish fingers, new potatoes and sweetcorn ~~~ Rice pudding ~~~ Water | Spaghetti and toast ~~~ Fruit ~~~ Milk or water |
| Friday | Toast ~~~ Fruit ~~~ Milk or water | Vegetable sticks Chicken pasta bake and peas ~~~ Arctic roll ~~~ Water | Margarita pizza ~~~ Fruit ~~~ Milk or water |